

# Frozen Pineapple Sticks



## Classification:

Everyday

## Serves:

15+

## Prep. Time:

12 min

## Cooking Time:

0 hours

## Ingredients:

- Fresh or tinned pineapple in juice

## Method:

1. Remove skin from pineapple and remove centre core.
2. Cut into chunks/wedges and push a popsicle stick in one end.
3. Freeze in a container lined with cling wrap or baking paper.

## Equipment:

- Popsicle sticks
- Knife
- Chopping board
- Container to freeze them in
- Cling wrap or baking paper to prevent them sticking
- Freezer

## Tips and Variations:

- Watermelon also works well.
- Include frozen banana rolled in desiccated coconut or frozen grapes.
- Using a food processor, blitz the fruit with some water until smooth. Pour mixture into popsicle moulds or small paper cups and inset popsicle stick. Freeze until set and serve as ice blocks.