



# Free Menu Review

For a **free** menu review, submit at least **2 weeks** of your menu to the portal and complete the additional questions.

Your menu will be reviewed against the Caring for Children guidelines.

## You will receive:



**A report** with feedback & tips



**A certificate** (when the menu is meeting the guidelines)



We recommend submitting your menu for review every 12 months. If you change your menu seasonally, we can provide additional menu planning support.

If your service is working towards the menu guidelines, you will have the opportunity to make changes and re-submit the menu for further review.

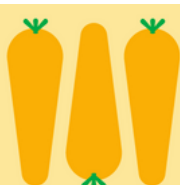
## Tips:



For an accurate menu review, **include enough detail on the menu** so the Good for Kids team know what is being served



If possible, **include any modifications or meals for infants** on your menu



'The heart of a child'  
by Worimi Artist  
Lara Went

**Good for kids**  
Good for life

