

# ALL ABOUT ME

Please complete this form to help educators in getting to know your child. This information helps with the orientation process, settling your child into care and helps our educators to meet your child's individual needs.

First name  Last name

Preferred name  Date of birth

Language/s

Additional personal information\*

\*optional

## FAMILY

### Special people:

Parents/ Carers

Siblings

Other people

Activities we do as a family:

Any cultural practices or beliefs you would like to share:

Please tick all boxes that apply when completing the following sections.

## TOILETING

### Current toileting:

Nappies  Toilet training  Needs reminding  Manages on own

### Extra toileting information:



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Lara Went

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## INFANT FEEDING

### Current infant nutrition:

- Breastmilk     Formula     Both     Cows milk ( $\geq 12$  months)

*Our services supports breastfeeding for as long as the parent and infant are happy to do so.*

### Currently fed using:

- Breast     Bottle     Both     Cup

### Approximate feeding times:

### If expressed breastmilk or formula run out, please follow the instructions below:

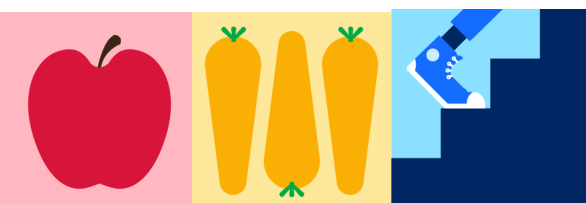
### Feeding whilst in care:

- Attend the centre to feed                       Provide infant formula  
 Supply expressed breastmilk                 Other.....

### If you would like to attend the service to feed, how can we support you?

### Baby's typical hunger signs:

- Side to side head movements                       Stretching  
 Hands to mouth     Mouth movements  
 Crying     Turning head/seeking/rooting  
 Other.....



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## EATING

### Current foods:\*

- Infant cereal     Pureed     Minced     Chopped  
 Finger foods     Family foods     Other .....

*\*Recommend to commence food from about 6 months of age*

### Feeding development:

- Feed myself     Have help     Both     Other .....  
 Spoon     Fork     Other .....

### Allergies:

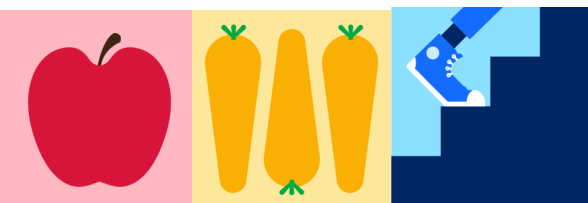
### Intolerances:

*Please speak to our educators about further documentation we require for any allergies & intolerances.*

### Favourite foods:

### Cultural nutrition requirements: (eg; halal)

### Additional information:



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## SLEEPING AND SETTLING

### Comfort:

- Wrapped     Sleeping bag     With comforter     Other .....

### Settling:

- Self-settle     Gently rocked     Softly patted     Rubbed  
 Other .....

### Sleeping times:

### Tired signs:

- Yawning     Jerky arm and leg movements  
 Quieting down     Grizzling/crying  
 Cuddly/seeking comfort     Other.....

### Extra information about my sleeping:

## PLAYING

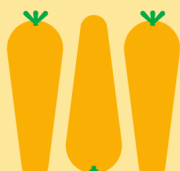
### Developmental milestones:

- Lay on tummy     Roll over     Sit supported     Sit unsupported  
 Crawl     Pull up to stand     Walk     Climb

### Activities:

- Books     Music     Blocks     Puzzles  
 Drawing     Painting     Water play     Outside activities  
 Other.....

### Dislikes:



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