



National Reconciliation Week -

27 May – 3 June 2023



Background:

National Reconciliation Week is held each year from 27th May to 3rd June. The week provides an opportunity for Australians to explore our history and share our diverse cultures. It is a time to reflect on how we can contribute to reconciliation in Australia.

This year's theme is: "Be a voice for generations"

The theme encourages all Australians to be a voice for reconciliation in tangible ways in our everyday lives – where we live, work, and socialise. For the work of generations past, and the benefit of generations' future, act today for a more just, equitable and reconciled country for all.

For more information visit: [National Reconciliation Week](#)

Physical Activity: Heads, shoulders knees and toes in language

Use local language in songs that engages children to move their bodies. Use the link below to learn "Heads shoulders knees and toes" in the Awabakal Language of NSW.

Healthy Eating: Right under your nose

"Right under your nose" is an episode on Little J & Big Cuz. Nanna takes the boys to the beach to catch fish and cook in a fire pit when the electricity goes out. There are educator resources available to download for engaging with and embedding Aboriginal perspectives, and pedagogies in early childhood environments.

04: Right Under Your Nose



On their quest to the beach, Little J, Nanna and Big Cuz struggle to find what they need before sunset.

[Download resources](#)

When the power goes off, Nanna takes the kids to the beach to catch a feed and cook it in a fire pit. But will Big Cuz ever hook that fish and will Little J find that extra special something for Show and Tell?

Refer to the [accompanying guide](#) for guidance on how to implement these activities in your service.



Worimi artist, Lara Went
"The heart of a child"

Good for kids
Good for life

