

FMS Planner 2025

Helping children reach their developmental milestones

January



Running

February



**Overarm and
Underarm throw**

March



Jumping

April



Hopping

May



Leaping

June



Kicking

July



Side-sliding

August



Catching

September



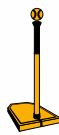
Galloping

October



**Stationary
dribbling**

November



**Striking a
stationary ball**

December



Skipping

Locomotor Skills

Manipulative Skills



*'The heart of a child'
by Worimi Artist Lara Went*

**Good for Kids
Good for Life**

