

# Service level

Nominated supervisor/Director



Described below are examples of how Munch & Move can be implemented on a service level with support from the Nominated supervisor/Director.



Service encourage and supports breastfeeding

- Display breastfeeding support sticker or poster



Policies/procedures/guidelines on healthy eating (including breastfeeding and physical activity and screen time

- Policy checklist
- Policies reviewed from Good for Kids team



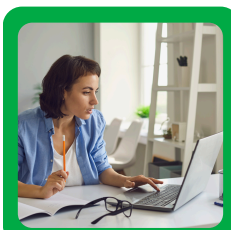
Monitor and report on healthy eating and physical activity as part of self-assessment.

- Action plan template



Provide health information to families

- Social media snippets



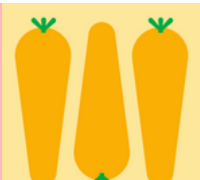
Professional development for directors/nominated supervisors, educators, and cooks

- Small Bites for Big Steps training
- Lunch and Learn webinars



Cook completed training in menu planning and menu assessed against Menu Planning Guidelines

- Healthy menu planning workshop
- Menu reviewed by Good for Kids team



'The heart of a child'  
by Worimi Artist  
Lara Went

**Good for kids**  
Good for life

