Commitment to Munch & Move Policy Practices

for Breastfeeding

Our service, <insert name of service> is committed to implementing the key elements of relevant Munch & Move policies. These key elements are considered best practice in supporting healthy heating, physical activity and limiting the use of screen time. Our commitment to best practices Munch & Move relating specifically to breastfeeding is as follows:

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| Breastfeeding – *Delete if your service does not have children aged 12 months and under*. |
| Our service commits to:   * Inform families that the service supports breastfeeding when the families first make contact with the service or during orientation. * Ask families about breastfeeding at the time of enrolment. * Develop a documented feeding plan for breastfed infants. * Provide a supportive physical environment for mothers who want to breastfeed. |
| Our service demonstrates commitment to these key elements by:  <Please outline the steps/actions you take to implement the above policy elements> |
| In the next 12 months, our service will focus on the following breastfeeding goals:  <List any goals that the service has in relation to breastfeeding> |

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| Developed by: <insert name> | Date: <insert date developed> |
| Role in service: <insert role of person above> | Review date: <insert date 12 months from above> |